



Be Sure It's CL Approved

# Free Access for Oxford Members! ConsumerLab.com

*Mission: To identify the best quality health and nutrition products through independent testing.*

*Thank you for the great work that you do. You are providing, as I'm sure you know, a critically important service. I am a clinical nutritionist with a large private practice, and rely on you for solid information.*

Liza May, M.S., Gambrills, MD – online subscriber

## A Watchdog for Health and Nutrition Products

**One in four dietary supplements or nutrition products does not contain what it claims, or has other significant problems.**

Such are the findings of ConsumerLab.com, the leading independent evaluator of vitamins, minerals, herbal supplements, and nutritional foods and drinks — products used by the majority of the population. ConsumerLab.com has been heralded in the media, and thousands of consumers and professionals use its information every day.

What makes ConsumerLab.com unique and invaluable is that it independently purchases and tests products, identifies the brands that pass its tests, and gives inside tips on how to better buy and use health and nutrition products. It also provides a comprehensive encyclopedia of natural products (including drug interactions), and alerts you to newly released recalls and warnings.

## HERE'S WHAT ONLINE SUBSCRIBERS GET:

**Product Reviews** — laboratory results of products bought, analyzed, and held to ConsumerLab.com's quality standards. Includes tips on how to best buy and use products, as well as dosage and safety information. New reviews every 4 to 8 weeks.

Reviews include:

<b>Vitamins</b>	<i>Multivitamin/Multiminerals, B Vitamins, Vitamin C, and E</i>
<b>Minerals</b>	<i>Calcium, Chromium, Iron, Magnesium, Potassium</i>
<b>Herbs</b>	<i>Echinacea, Ginkgo, Ginseng, Saw Palmetto, Soy Isoflavones, St. John's Wort, Valerian</i>
<b>Other Supplements</b>	<i>Chondroitin, Chromium, Creatine, Fish Oils, Glucosamine, MSM, SAME,</i>
<b>Nutrition Products</b>	<i>Nutrition Bars, Nutrition Powders, Shakes &amp; Drinks</i>

**Recalls and Warnings** — continually updated and archived alerts from government and other sources

**Natural Products Encyclopedia** (*The Natural Pharmacist™*) — science-based information about hundreds of natural products, indexed by ingredient, health condition and drug interactions. Updated quarterly.

## Two Easy Ways to Access ConsumerLab.com as an Oxford Member:

1. Log on to [oxfordhealth.com](http://oxfordhealth.com), click on the [oxfordhealth Center](#), and click on [Vitamins & Supplements](#) on the left navigation bar.
2. Log on to [oxfordhealth.com](http://oxfordhealth.com), click on the [oxfordhealth Center](#), click on [Complementary & Alternative Medicine Program](#), and click on [ConsumerLab.com](#).



# Get Access to ConsumerLab.com

## Immediately see:

- Independent test results for brand-name products
- Recalls and warnings relating to vitamins, supplements, and nutrition products
- Comprehensive encyclopedia of natural products with drug interactions and indexed by medical condition
- Complete list of products that pass testing

## Two ways to access ConsumerLab.com

1. Log on to *oxfordhealth.com*, click on the *oxfordhealth* Center, and click on *Vitamins & Supplements* on the left navigation bar.
2. Log on to *oxfordhealth.com*, click on the *oxfordhealth* Center, click on *Complementary & Alternative Medicine Program*, and click on *ConsumerLab.com*.

**EXAMPLES\* FROM THE CONSUMERLAB.COM APPROVED QUALITY MULTIVITAMIN/MULTIMINERAL PRODUCTS**  
 The complete list of Approved Products for this review now contains 26 products (including those tested after the initial posting) and is available to subscribers.

Product Name	Manufacturer or Distributor	Form	Ingredients Listed on Product Label [Click below]
<b>General:</b> (Evaluated only for adult use)			
Nature Made® Essential Balance® Complete High Potency Multi Vitamin/Mineral Supplement**	Nature Made Nutritional Products	Tablet	<a href="#">Ingredients</a>
Nature's Bounty® Multi-Day™ Multivitamin Supplement with Beta Carotene Dietary Supplement**	Nature's Bounty, Inc.	Tablet	<a href="#">Ingredients</a>
Nature's Bounty® Nutritional Support for Your Skin, Hair & Nails Dietary Supplement**	Nature's Bounty, Inc.	Tablet	<a href="#">Ingredients</a>
Nature's Bounty® Vitamin ABC Plus™ Multivitamin and Multi-Mineral Formula Dietary Supplement**	Nature's Bounty, Inc.	Tablet	<a href="#">Ingredients</a>
Nutrilite® Daily Multivitamin and Multimineral Dietary Supplement	Access Business Group International LLC	Tablet	<a href="#">Ingredients</a>
Nutrilite® Double X Multivitamin Multimineral**	Access Business Group International LLC	Tablet	<a href="#">Ingredients</a>

Images are shown in low resolution. Actual online images appear with greater clarity.